

OSHA and Online Safety Training



OSHA 10-Hour General Industry Training

Provides instruction on general industry safety and health standards to entry-level workers.

Introduction to OSHA	Walking & Working Surfaces	Personal Protective Equipment
Ergonomics	Fall Protection	Machine Guarding
Electrical	Bloodborne Pathogens	Industrial Hygiene
Hazardous Materials	Materials Handling	Hazard Communication
Exit Routes, Emergency Action & Fire Prevention Plans		Fire Protection

Participants receive a certificate of training upon completion of the course and their official OSHA card within 3 weeks of the course.

Course Title	Dates	Time	Bldg	Room	Cost	Registration Deadline
OSHA 10 General Industry	Wed., May 17 & Thurs., May 18	8am – 1:45p	600	606	\$195	May 10 by noon
OSHA 10 General Industry	Thurs, June 22 & Fri., June 23	8am – 1:45p	600	606	\$195	June 15 by noon
OSHA 10 General Industry	Wed., July 26 & Thurs., July 27	8am – 1:45p	600	606	\$195	July 19 by noon

OSHA 30-Hour General Industry Training

Provides a variety of training to workers with some safety responsibility.

OSHA Introduction	Walking & Working Surfaces
Managing Safety & Health	Hazard Communications
Electrical	Personal Protective Equipment (PPE)
Materials Handling	Exit Routes, Emergency Action Plans & Fire Protection
Elective Topics (list available upon request)	

Participants receive a certificate of training upon completion of the course and their official OSHA card within 3 weeks of the course.

Course Title	Dates	Time	Bldg	Cost	Registration Deadline
OSHA 30 General Industry	Available upon request	TBD	600	\$525	TBD
*** Call for special discount pricing on groups of 7 or more. ***					

Online Safety Training- modules starting at only \$99



Back Injury Protection	Job Safety Analysis	Personal Protective Equipment
Effective Accident Investigations	Ladder Safety Training	Respiratory Protection
Confined Space Safety	Lockout /Tagout	Scaffold Safety Training Program
Controlling Worker's Comp Cost	MSHA Part 46 Refresher	Supervisor's Role in Preventing Accidents
Fall Protection	Office Ergonomics	Trenching and Excavation
Hearing /Noise Control	OSHA Record Keeping	Violence in the Workplace

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